## **Sustainability Report 2022**

## **Perspective**

2020 – 2022 has been a difficult time with which we are all very familiar. Nepal closed its borders in early 2020 due to the Covid 19 pandemic, re-opening permanently in October 2021 with restrictions and additional entry protocols. There had been a couple of other border re-openings but they proved to be for a limited time.

This caused a shift in perspective for us: from welcoming guests, running trips and implementing our sustainability program, to spending our time out of the office, still supporting our staff and freelance crews in the best way we could.

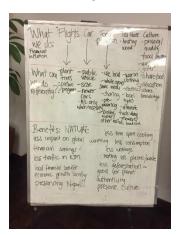
Visitors started to come back in 2022, although conservatively. Guests did not have the confidence to book in advance and the additional considerations and protocols kept international visitors at low levels.

Continual improvement is the name of the sustainability game and while we spent more days out of the office than in the office during the Covid 19 pandemic, our commitment to sustainability and sustainable business practice endures.

## **Results**

With the change in perspective we continued training programs including:

- 2 Guide Workshop Trainings
- Raj completed trainings in Tour operators and sustainability Internal environmental management, sustainability management and the basic exam





Photos: Guide working trainings and Himalayan Trails office staff sustainability training

Health and safety was another area impacted by the events of 2020-2022, an area which was not on our radar as needing any modifications, but the public health crisis of the covid 19 pandemic did warrant some changes. As a result, we avoided any outbreaks and kept our guests and staff safe and healthy.

Working from home during nation-wide lockdowns was increased, leading to reduced emissions from transport to/from the office. While it's not expected that this level of working from home can be sustained, staff will be encouraged to continue doing so when appropriate.